

# WYCKOFF HEIGHTS MEDICAL CENTER

## FAMILY MEDICINE RESIDENCY PROGRAM

### WELCOME

The Family Medicine Residency Program at Wyckoff Heights Medical Center has dual accreditation from AOA and ACGME and trains residents to provide excellent, continuous, comprehensive and compassionate care to diverse patient population. Our training takes place at two settings. Most of your training will be at Wyckoff Heights Medical Center, our community based hospital with multiple specialty clinics including OB/GYN, Pediatrics, Surgery, ENT, Ophthalmology, OMT, and medical subspecialty clinics. Your continuity training will take place at the LaMarca Family Medicine Center, which is our medical home and provides services to patients of all ages with diverse ethnic backgrounds. The hospital has excellent residency programs in Internal Medicine, OB/GYN, Surgery, Podiatry, and Dentistry, and the presence of medical students and a state of art library also enhance our teaching program. Our inpatient service provides care to our Family Medicine Center patients who require hospitalization and other patients from community family physicians. An interdisciplinary approach to patient care teaches residents to treat patients holistically. Our program focuses on infusing residents with strong medical knowledge to treat multiple and chronic medical conditions as well as teaching them to be advocates for prevention and patient education. Residents are involved in community health fairs and exercise leadership skills by taking part in Quality Measurement and Performance Improvement activities. Research is an important component of our curriculum, and our residents regularly present their research at regional and national meetings. Other scholarly activities include Case Presentation, Mortality and Morbidity and Journal Club. Residents are supported throughout their training and encouraged to take an active role in the ever changing field of family medicine. The rotation schedules are outlined below.

# WYCKOFF HEIGHTS MEDICAL CENTER

## DEPARTMENT OF FAMILY, COMMUNITY & PREVENTIVE MEDICINE

### CURRICULUM OVERVIEW

The goal of our program is to train competent family physicians, which can provide high quality care for their patients. The curriculum in family medicine is based on the knowledge, skills, techniques, professionalism, and cultural competency that make body of family medicine. Our job is to promote health and continuity of care, prevent diseases, respect patients' authority, involve patients in their own care in order to provide comprehensive care to them. Our goal is to train family physicians who:

- Care for patients as a whole, within the family and society.
- Are committed to maintain all patients healthy.
- See themselves as part of the community which they serve.
- Concerned with the effect of disease on the family.
- Assess risk factors which affect their patients.
- Educate patients and their families regarding illness, help them to make informed decisions.
- Have broad knowledge of medicine and psychosocial issues towards better patient care.

#### **Program Goals**

- To train residents who are knowledgeable and skillful and have positive attitude towards patients and their conditions.
- To provide residents with cultural sensitivity training to better serve their patients.
- To provide residents with training that help them to apply clinical research, epidemiology and evidence based medicine in their practice.
- To prepare residents for their future practice and enable residents to balance their personal and professional responsibilities that can be reflected throughout their careers.

#### **Program Objectives**

To achieve the above goals the program has:

- To maintain a responsive residency program administrative structure
- To maintain experienced and competent faculty, who can be role model

- To provide competency based curriculum
- To provide residents with experiences that teach them clinical discipline and knowledge that make them capable of diagnosing, evaluating and management of medical problem
- To provide residents with the feedback through formal and informal evaluations so the residents can address their weaknesses and encourage them to apply their strength in teaching students and peers in a positive way.
- To provide resident training that will prepare them to establish future practices of their own.

## **Evaluation**

Attending evaluation of residents - At the end of each rotation residents are evaluated by supervising attending for all required competencies.

Attending evaluation of residents for Family Medicine Center performance- Quarterly faculty meet with residents and evaluates them for their performance at FMC and provide them with feedback for improvement.

Resident evaluation of rotation – At the end of each rotation residents anonymously evaluate the rotation, if it provided residents with expected learning objectives and skills.

Resident evaluation of program – Residents anonymously evaluate the residency program on a semi-annual basis, which provides the program with insight in regards to update curriculum.

Resident evaluation of faculty of the rotation – Residents evaluate faculty on their teaching ability at the end of each rotation.

Resident evaluation of Family Medicine Faculty- Residents anonymously evaluate the department's faculty semi-annually.

360· Evaluations are conducted throughout the training of each resident which provide information regarding resident's knowledge, attitudes, professionalism, communication skills and their ability to apply practice-based learning and improvement.

Program Director semi-annual and annual evaluation of resident is based on their achievements by level of their training year.

Program Evaluation by resident and faculty – Residents and Attendings anonymously evaluate program semi-annually.

Resident and Attendings self evaluation – annually residents and attendings are asked to evaluate their strengths and weaknesses. The area of need will be evaluated and addressed.

Quarterly advisor and resident meetings provide residents with academic feedback as well as support in personal issues to help residents to get through the transition of training especially in the first year.

### **Documentation**

All residents are required to maintain a record of their patients and procedures during their residency on paper or on myevaluation.com. Program director and faculty will review these logs and advise resident regarding the data.

### **Exit Evaluation**

Exit evaluation is done at end of three year training and will provide comprehensive written documentation summing all resident experience.

## PGY-1 ROTATIONS

Family Medicine Inpatient	16 Weeks
ICU/CCU	4 Weeks
General Surgery Inpatient	4 Weeks
Pediatric Inpatient	8 Weeks
Nursery/NICU	4 Weeks
L&D Inpatient Experience	4 Weeks
Emergency Room	2 Weeks
Orthopedics	2 Weeks
Family Medicine Experience	4 Weeks
Vacation	4 Weeks

## PGY-2 ROTATIONS

Family Medicine Inpatient	8 Weeks
Cardiology	4 Weeks
General Surgery Outpatient	4 Weeks
Pediatric Outpatient	4 Weeks
Gyn Outpatient	4 Weeks
OB Outpatient	4 Weeks
Orthopedics	2 Weeks
Emergency Room	2 Weeks
Family Medicine Experience	12 Weeks
Electives	4 Weeks
Vacation	4 Weeks

## PGY-3 ROTATIONS

Family Medicine Inpatient	8 Weeks
Medical Sub- specialties	8 Weeks
Sports/Physical Medicine	4 Weeks
Pediatric Emergency Room	2 Weeks
Neurology	2 Weeks
Family Medicine Experience	12 Weeks
Electives	12 Weeks
Vacation	4 Weeks

### **Program Requirements:**

- A Score of 85 or higher in the first attempt ONLY for USMLE steps 1 and 2 to qualify for interview.
- CK Exam Must be passed from the first attempt.
- Must be ECFMG Certified.
- US citizenship or permanent residency
- At least 3 current letters of recommendation
- There is no cut off date of year of Graduation

## **Frequently Asked Questions:**

Q: What are the score requirements?

A: A Score of 85 or higher in the first attempt ONLY for USMLE steps 1 and 2 to qualify for interview.

Q: Does the Program accept Foreign Medical Graduates?

A: Yes (with an ECFMG Certificate at time of interview)

Q: What is the deadline for application to your program?

A: October 31.

Q: Do you need any letters of recommendation?

A: Yes, three (3) letters of recommendation are needed to qualify for an interview.

Q: Is there a cut off year of Graduation?

A: No there is no cut off year of graduation to qualify for an interview.

Q: What are the Visa Requirements?

A: We preferred Permanent Resident or US citizen.

Q: Is US Clinical experience required?

A: No, it is helpful but no mandatory.

Q: How many positions are available?

A: Since we are dual program we have (4) MD positions and (2) DO positions.

Q: Does your program offer clerkships/observer ships?

A: No, not at this time.